

2004-2005 State 4-H Cabinet
Airfield 4-H Educational Center
August 6-8, 2004

MINUTES

Attendance

David Heatwole	Northwest, Historian/ Reporter
Rachel Pennington	Northwest
Stephanie Crites	Northwest
Heather Moseley	Southeast
Avery Daugherty	Southeast
David Reid	Southeast
Charisse Carter	Northeast
Raen Benedetto	Northern
Cliff Williamson	Northern
Sean Fruik	Northeast
Kristen Bleuins	Southwest
Brandy Scott	Southwest
April Grace	Southwest
Brittany Tyndall	Northeast
Sarah Lyons	Northern
Stephanie Washington	Southeast, President
Joshua Mickahail	Northwest, Vice President
Caitlyn McAnulty	Northwest, Adult Volunteer
Barry Garst	State 4-H office
Renee Carter	Northeast, extension agent
Barbara Reese	Northern, Agent Advisor
Rachel Sargeant	Northern, Mentor
Tonya Taylor	Northwest, Agent Advisor
Campbell Barrett	Northwest, Agent Advisor

Friday August 6, 2004

Stephanie Washington called the meeting to order at 7:30 PM

Motion to elect historian/ reporter for the year or by monthly

-motion to elect for the year seconded and motion passed after discussion of workload for the ambassador

-Discussion of job of historian/ reporter – take pictures keep record for club, previous events go to newspaper, keep documents, and promote 4-H

David Heatwhole nominated and elected

Played get acquainted Games

Cabinet Purpose

- improve state4-H program
- Improve recruitment/ advertise
- Build leadership
- Increase participants at congress
- Create District Unity
- extend state 4-H program

- promote unity
- community service
- focus on youth 4-H needs
- awareness
- change stereotypes
- share the fun, experience
- media coverage³
- -4-H and school

Belief statement will wait to be finalized until a committee is formed to create a overall statement

Ground Rules

- Last rule eliminated (maintain good leadership)
- Motion made to add “follow the 4-H code of conduct & values of 4-H”
 - motion seconded and passed
- Word changing from representation to representative in the Rule “Be a positive representation of 4-H always
- Explanation of some rules

Roles as ambassador

- Cliff – promote congress, increase participation in leadership
- David H. – promote diversity, too stereotypical
- Avery – communicator between different cities to form and share ideas, promote those ideas share to camps, goal is to have joint district competitions
- David R. – more people to do other things
- Brandy – Change the idea of age promotes the idea of age and get teenagers involved
- Raien – teen leadership club more participants on getting things done for younger expansion
- Charisse – Do other things other than congress
- Sean – personal feed about what they want done, wants to relay information, get voice from clubs to have state participation, input from all types of 4-H clubs
- Brittney T. – Knowledge of 4-H what it is spread awareness
- Rachel p. – make sure goals are reasonable and make sure we do them
- Kristen – 4-H into high schools no just in elementary
- Brandy – too much promotion to younger
- Stephanie C- Stay in 4-H even after becoming a teen, have people stay in 4-H
- Sean – give extension agents something to give each and have them recruit
- Heather – make sure 4-hers are serious keep thme involved
- David H. – have college 4-H participants
- Stephanie W – District unity, promote 4-H
- Joshua M – help lead cabinet, district program, get rid of stereotypes
- Cliff – get more involved, more participation
- Sarah – get district involved at congress make sure everyone has a good time
- April G – increase teen volunteers
- Barry – Districts are different everyone will have a different situation strategic plan reaction potential see big picture
- Renee – Get parents involved then 4-H will grow
- Barbara – represent adult volunteers training so they can be more effective
- Joshua – 4-Hers don’t understand concept club they need to be taught

- Caitlyn – aware of opportunities energizers

More Rules

- Be appositive Representative
- We have high expectations
- Be aware of cliques
- Barry is Meredith 5
- Discussion of curfew 12 pm

Saturday August 7, 2004

1st afternoon session we had a get to know each other meeting, we shared a little bit about ourselves, our proudest moment, our happiest moment, and our saddest moment.

2nd afternoon session

- Opening thoughts on quality, temperament, motivation, etc.
- Presentation by Caitlyn M.
 - Parliamentary Procedure
 - Discussion of how to have a parliamentary meeting
 - Reviewed some of the types of motions
- District Goals
 - Southeast
 - Recruitment: Building High School Clubs, Promote through media
 - Dedicated participants (to continue 4-H program, also mentors)
 - Making Volunteerism More Feasible: Obtain Sponsorship, focus on Camp Counselors, etc., raise money by community projects (carwashes)
 - District Unity : District Projects, Fund-raisers and events
 - (Constructive criticism: use body language, you looked professional, don't say umm, good to build off each other, smooth transitions to each speaker, don't talk to the page, good location in room, good volume, watch your hands and body movement, talk with more clarity. On goals: make connections, communicate with agents, good idea with newsletter)
 - Northern
 - Increase participation (getting the 4-Hers to do more)
 - Getting feedback form extension agents and youth (find out what people want)
 - Change the image of/ inform 4-Hers of cabinet duties (let extension agents know we do more than just plan congress)

- Promote 4-H (outside participation, have a stable group to advertise, start high school clubs, large events, fairs, radio stations, concerts)
 - Constructive criticism (good presentation, good hand motions, speak up, work on turn over, good idea for promotion, clear and diverse goals, goals were a little vague they could have been more reinforced, too many you knows, good eye contact, higher volume when speaking, benefit to how students receive information on how 4-H is delivered) (district goals put on recess for presentation)
- Northwest
 - Increase enrollment & participation: having more project books, influence the youth, have them participate in more activities, promote other activities
 - Make appearance at 4-H achievement banquets: help promote, go to other 4-H clubs to promote other areas of 4-H
 - Be good Cabinet role models: be mature, be careful of behavior around youth, put a poll on the state web page to get feedback
 - Increase Cabinet leadership: at local and county district and state events, county presentation, teen leadership weekends, getting involved by working with adults, help extend our leadership skills
 - Constructive criticism (good introduction, good elaboration, make eye contact with everyone, when not presenting look interested, don't stand in front of team mates, good sign, need to smile more, less umms, more volume. Goals: may be too low, some are already expected)
 - Northeast
 - District meetings once a month by elected ambassadors of their county - a set location: or every other month, to get ideas from each county, to improve unity
 - Communication from Adult leaders to ambassadors "ideas and suggestions" have a box to pass on ideas
 - increase registration and media into the committee: broadcast local 4-H club
 - season activities: social, something to bring district together and have something to look forward
 - Constructive Criticism: good eye contact, good presentation, well spoken, poised, don't be afraid to use your hands
 -
 - Southwest
 - promote 4-H program to local schools to improve involvement and district congress attendance
 - promote and create more teen programs outside of congress
 - work to better 4-H's reputation in school systems, there is more to 4-H than just Farming
 - plan a District Fun day for members to have the opportunity to commute and plan before congress

- promote camp, increase volunteerism
 - fundraising to support and house all the kids that want to go to camp
 - SKIT: student convinces friend that 4-H is fun
 - Constructive Criticism: writing was too small to read, nice 4-H clover, maybe too much color, don't read right off the sheet, good to introduce the ambassadors, skit was great a good different approach, don't block the poster, don't turn to the side during the skit we want to see your face, write the skit down to pass out.
- Why this was a good activity
 - pick up on ideas they didn't have or elaborate on an idea
 - the constructive criticism helps you learn how to deal with different opinions
 - worked on public speaking
- Presentation from Billie Jean Elmer, your first impression
 - Have an outline, always write down your thoughts
 - Watched good public speakers
 - Introduce yourself, say name then repeat name of person who is introducing themselves
 - You start the applause to prevent awkward silence
 - Have light conversation (Where do you live? The weather is beautiful, meaningless, not too much)
 - Find common interest
 - If talking to a group make it people friendly, find out a little about group
 - KNOW YOUR AUDIENCE
 - Show confidence: smile, look like your glad to be there
 - Dress for the occasion, appropriately, it is ok to ask how to dress
 - Handshake, extend right hand don't give award until you shake their hand
 - Anticipate the ending of speech
 - Thank previous speaker
 - Adjust microphone
 - Be able to show confidence when you eat, have manners

Evening session August 7, 2004

- What is your true color?
 - Barry led a session on True Colors
 - Discuss the types of colors and their characteristics
 - Took an evaluative test
 - Grouped together by colors to discuss our characteristics
 - Made parallels between cabinet members working habits, etc.

Sunday August 8, 2004

Morning session

- Rachel Sargeant introduced herself
- Housekeeping issues: keep up with your 4-H binder- passed out minutes form last year, forms for our next meeting, Bob Meadows, contact list, true colors hand out
- Caitlyn McAnulty
 - presented Youth Adult Partnerships, ladder of participation
 - passed out Ladder packet, information about Youth-Adult Partnerships.
 - broke out into districts, discussed and interpreted different steps on the ladder,
 - where each district wanted to see the 4-H cabinet in the future.
- Joshua Mickahail
 - Spoke about Teens in Action, an organization dedicated in community service in 4-H. Proposed starting and implementing this organization in the Virginia 4-H.
- Congress Committee, Public relations, set up committees to work different parts of congress each will be reported to throughout the year
- State cabinet web page, for kids to access to find out information about Congress, advertise what we are working on
- Dimes for Dreams - 10 year commitment, raise \$10,000 to help with 4-H foundation, work on advertising, form a committee to work on this
- Cabinet can form their own committees to get work done.
 - Congress Committee to work on congressional games, get the details worked out
 - Public relations committee - media promotions, advertising, working to get 4-H known
 - Cliff made the motion made the PR committee be assigned to the Reporter/ Historian, the education and service committee be assigned to the secretary- motion seconded by Sean, motion passed
 - Discussion: The jobs of the Cabinet officers in charge and the people working with them will change, maybe have a State Operations committed and have congress as a subdivision, Public Relations is one of the most important parts of this years cabinet, most of our goals relate to getting more people involved, maybe combine education and service learning with congress, have an events committee - build up local and district events, have a committee to find out the needs of each unit and county,

- Discussion of what committees do: Committees do not have the power to act, they must report back to the group, the brainstorm and think up ideas,
 - Education & service learning - community service, the workshops at congress
 - Cliff makes a motion to disband the education and service committee to be replaced by state, district and local programming committee and it was seconded by Heather
 - Caitlyn made the motion to amend the motion made by cliff to change the name of the state district and local programming committee to the state-wide planning committee- First motion passed, one nay; Amended motion passed
 - Our 3 new committees are now: Congress - Vice president, Avery made a motion to appoint a chair to inform the secretary of the decisions made at congress, Cliff seconded that motion. Caitlyn moved to amend the motion to appoint Rachel Sargeant as temporary chair, seconded by Joshua. Motion to appoint chair passed. Amended motion passed
 - Brandy made a motion to rename the Public Relation Committee, to be renamed the 4-H promotion committee, the motion was seconded by Stephanie
 - Discussion: The name is not broad enough, the name does stress the advertising
 - Motion fails, the Committee will keep its name of Public relation Committee
 - Recess for 5 minutes
- Goals for Committees
 - How to write a goal statement
 - Affirmative Statement “I will....”
 - Action Verb “... recruit...”
 - Measurable “...2 new members”
 - Deadline “... by November 2004”
 - Split up into committees for 15 planning
- Congress Committee
 - Saw positives and reviewed what they wanted to do again
 - Game show, puppet show, adult and new delegate meetings
 - Improve workshops, get new ones that would be more
 - Alternative activity, for those who aren't that happy with their workshop they can do something else
 - Intermission for assembly
 - Stress the importance of the All-star tapping
- Statewide Programming Committee

- involved developing youth issues forums
 - 4-H day
 - District leadership weekend
 - 4-H promotion event that is local or district weekend with booths
 - Have a meeting with the District meeting to meet with local ambassadors to discuss issues
- Public Relations Committee
 - Want information to be given to the State cabinet
 - Send electronic newsletter to the extension agents
 - Congress booth to travel to local, district events to promote congress
- Writing Thank-you notes
- We will be receiving the addresses of Billie Jean Elmer, Marvin, and the 4-H Center Director from Barry.
- Personal Action and Reflection plan
- Meeting adjourned at approximately 1:30 PM.