

## **Workshop Information**

**(Most workshops are 1 ½ hours in length unless noted otherwise)**

**Friday 3/28/08**

**8:30 – 10:00am**

### **Playing with a Full Deck – Michelle Cummings**

This workshop will be based on the new book, *Playing With a Full Deck, 52 Team Activities Using a Deck of Cards*, by Michelle Cummings. Sometimes the simplest prop can be the best item in your bag of tricks. This workshop will be jam packed with over 20 of the best experiential activities out there using a simple deck of playing cards. All activities will be hands on and active. Using the philosophies of learning styles and multiple intelligences, the workshop will include activities that tap into each learning style of the participants you will encounter in your practice. Activities will range in style from diversity, icebreakers, problem solving, communication, debriefing, and social norms. Come prepared to play a lot and learn even more. Jokers welcome.

### **Lego Robotics Introductory Workshops – Bill & Susan Duggins, Virginia (offered during all 3 workshop sessions)**

Learn LEGO Mindstorms NXT robotics in this hands-on “robotics lab”. Instructors introduce Mindstorms NXT robotics basics, including the robot's controller, sensors and programming language. Then, session time is primarily used in hands-on activities working with LEGO robots. Participants work individually or in teams of two. Join us to have fun with robots and gain the experience to introduce robotics into your camp activities.

### **Telling the Camp Story: Helping the Non Initiated Get It – Nancy Franz, Virginia (3 hour workshop)**

Are you feeling pressure to tell camp stakeholders the story of the benefits of camp? Do you wonder why it isn't clear to people why camp makes a difference in people's lives? This workshop provides a four step framework and useful tools to successfully tell your camp stories. Learn how to map your camp program to determine what story to tell, ways to gather story data, analyzing and interpreting story data, and telling your story.

### **Fun Camp Traditions – Mike Knutz, Oregon**

Camp provides youth with opportunities for independence. Camp traditions can establish a culture where youth feel more comfortable trying new things. From zany mealtime songs and antics to camp ceremonies & skits, these traditions help create lifetime memories for young people and an environment where youth can grow in independence. This workshop will provide a variety of traditions that can spice up your mealtime at camp, and make meaningful camp memories.

### **Acres of Adventure at Camp – Jill Stechschulte & Kathy Booher, Ohio**

Are you looking for ways to introduce campers to the world of agriculture and life science? Expand your collection of fun-filled science activities that you can do at camp that are keyed to the national science education standards. Come discover agriculture at camp through hands on activities through *Frontier Living* and *Insect Invasion*.

**Teaching & Learning at Camp: What does it take to be an “effective” nonformal educator? - Nick Fuhrman, Virginia**

Much attention has been given to the characteristics of an “effective” formal (classroom) educator. However, little knowledge exists regarding “good teaching” in nonformal settings like camp. Workshop participants will gain knowledge in what constitutes “good teaching” in nonformal settings and how to evaluate their own teaching, given the differences in how youth and adults learn. Attendees will participate in group activities in experiential learning and using teaching tools (e.g., live animals) to convey educational messages.

**Everything is Wet – Barry Fox, Virginia**

This session will present strategies for including water resource awareness and education in all aspects of the camping program. From camp-wide conservation activities to water quality monitoring to skits and games, participants will participate in a variety of activities that address this valuable resource. Topics will include the water cycle (city-style), watersheds, making water drinkable, how wells and sewage plants work, basic water quality tests, and of course “bugs-in-water.” Handouts for all activities will be provided.

**10:30 – 12:00pm**

**Bullying Prevention & Diversity Activities - Michelle Cummings**

Have a diverse group? Would you like to learn some new activities that teach multicultural awareness? Come to participate in and learn some powerful diversity initiatives in a fun and active way. This workshop is designed to teach you some initiatives that will help participants become aware of they way they treat each other. It will encourage educators to facilitate and work for social awareness and change in their programs, schools, and communities. This workshop will feature experiential practices of multicultural significance with activities that foster the inclusion of traditionally underrepresented groups. From bullying to diversity awareness to inclusion--this workshop enhance your ever-expanding bag of tricks.

**Lego Robotics Introductory Workshops – Bill & Susan Duggins**

See previous description

**Telling the Camp Story: Helping the Non Initiated Get It – Nancy Franz, Virginia**

Continued

**Up and Away with Bottle Rockets – Chris Lichty, Cynthia Hurst, Brian Hairston, & Lisa Nelson, Virginia (3 hour workshop)**

Participants will construct and launch a simple bottle rocket. Working in teams, participants will construct a simple bottle rocket from a 12 oz., 20 oz., 24 oz., 1-liter or 2-liter soft drink bottle. Participants will learn how to track the rocket and determine its altitude. Rockets are launched from a homemade launcher using a combination of air and water pressure. NASA Rockets: An Educator’s Guide with Activities in Science, Mathematics, and Technology.

### **Crafting Camp Memories – Jim Linnell, Texas**

Leathercraft projects have long been the tangible memories of summer camp for many generations. When you participate in this hands-on workshop, you will not only make a useful item, but you will also learn the techniques for making leathercraft a fun and exciting part of your camp program.

### **Creating Effective Camping Program Objectives – Bill Beckley & Chad Higgins, West Virginia**

This workshop will take participants through the process of relating learning objectives to their organizational mission, goals and or visions. Participants will practice creating learning outcomes that are realistic and measurable and will also create possible evaluation strategies to assess objective achievement.

### **Ensuring Everyone's Participation – Amanda Smith, Virginia**

Have you ever been presented with a situation involving reasonable accommodations or inclusion of a camper with a disability? Sure you have...you may not have even known it! This workshop will break down the basics of the Americans with Disabilities Act (ADA) and help define "reasonable" accommodations in the camp setting. It will also teach you the nuts-and-bolts of disability awareness (what is autism, ADHD, etc) as it applies to you.

## **2:30 – 4:00pm**

### **A Teachable Moment – Michelle Cummings**

Need more to processing than sitting in a circle, asking questions, and talking about what happened? This workshop is based on Michelle's book, *A Teachable Moment, A Facilitator's Guide to Activities for Processing, Debriefing, Reviewing, and Reflection*. It will give you access to 30+ different processing tools that are simple and easy to use. You will learn how to make/do the activities yourself or find out where to get them. Increase the quality and value of your programs through powerful reflective learning. These processing activities will help you creatively get your participants to take responsibility and ownership for their experiences and transfer those experiences to real life situations.

### **Lego Robotics Introductory Workshops – Bill & Susan Duggins**

See previous description

### **Up and Away with Bottle Rockets – Chris Lichty, Cynthia Hurst, Brian Hairston, & Lisa Nelson, Virginia (3 hour workshop)**

Continued

**In the Hot Seat: Wildfire Emergency Preparedness for Camps – Lan & Lee Hecimovich, Alaska**

Wildfires are a destructive yet natural part of many ecosystems. Last year, almost 90,000 wildfires destroyed almost 10 million acres at a cost of over one billion dollars. With increasing populations in rural and suburban areas, it is important for the public to be educated in wildfire prevention as well as emergency preparedness. This workshop will present "Firewise" principles for camps, including planning, construction, landscaping, access, and emergency preparedness. It will also outline a non-formal wild fire emergency preparedness curriculum and sample activities for camp programming as well as other venues. Emergency preparedness materials, project information, and further resources will be presented in an informative, yet fun, hands-on manner.

**Creating a Board of Directors or Advisory Committee that Works for You – Bari Dworken, EdD, Connecticut**

Learn how to create a Board of Directors or Advisory Committee that supports the vision of your camp or program provides resources you need and represents you well in the community.

**Making Campfire Memories – Roubie Younkin, Montana**

It's evening at camp with gathering shadows, the flickering fire, weary campers and "S'Mores" - traditional campfire food. Combined, these make campfire gatherings the greatest single event for campers. This workshop focuses on the importance of the campfire in making lasting camp memories. Participants will share campfire memories and take home a "campfire tool kit" filled with ideas to use for camp. Concluding this workshop is marshmallow roasting and creating our own "S'More Memories".

**I Heard It Through The Grapevine - Kathy Booher & Jill Stechschulte, Ohio**

You are cordially invited to participate in the wild and wacky world of science. Science activities that can extend the classroom learning into the non-traditional camp setting. Campers can create and eat chocolate lava, make their own quicksand, create a lava lamp, and there she blows - a soda geyser. Come and learn the experiential way with our wild and wacky science experiments.

**Sunday, 3/30/08**

**8:30 – 10:00am**

**Project Learning Tree – Jeff Kirwan, Michelle Adcock, Charles Lytton, Virginia**  
**\*Please Note\* This Workshop is all day.**

Workshop participants will become certified to use the award-winning environmental education curriculum, Project Learning Tree, designed for K-8 audiences. Participants receive a 470 page environmental education curriculum guide containing 96 hands-on activities.

**GPS I - Techno-fun for Camps – Mike Clifford, Jennifer Bowen, Ruth Wallace, Virginia (3 Hour Workshop)**

The Global Positioning System has proven to be a great educational and recreational tool for residential and day camps. Using Virginia's 4-H GPS Curriculum activities as a guide, participants will experience the basics of using handheld GPS receivers in a camp setting. Marking waypoints, making tracks, creating routes, communicating with satellites, and finding treasure are all part of the adventure. Learn how to make "technology in the great outdoors" a part of your camp!

**Grant Writing – Barry Garst, Virginia (3 Hour Workshop)**

In today's market, many camps struggle to find the necessary funds for both operational and capital health. For these camps, successful grant-writing is a must. This session will focus on the grant-writing process, from prospecting to reporting/auditing. Participants will learn strategies and tips for successful grant-writing and will be better prepared to report and manage grants at their camps.

**“The Dog Poop Initiative – A True Story” - Michele Kroll and Doralee Ely, Missouri**

Are you a pooper? a scooper? a pointer or a hero? This workshop will provide a fresh "scoop" to those in charge of training camp counselors. Camp counselors will identify 4 ways to approach obstacles using "The Dog Poop Initiative" a True Story by Kirk Weisler. This interactive workshop will enable counselors to have the ability to energetically plan and complete a task with determination and initiative.

**Finding Your Voice, Sharing Your Dreams, Shaping the Future - Bari S. Dworken, EDD, Connecticut**

Learn a process for discernment and "giving voice" to those ideas which come from our creativity and deeper self. Emphasis will be placed on creating a camp where all staff feel that their presence will make a difference.

**Into the Theme of Things - Kelly Mallory, Kaci Daniel, Virginia**

Incorporating camp themes streamlines camp planning and is fun! Themes yield program ideas, organizational methods, training ideas, awards, and contribute to an overall increase in camp spirit. Themes can also be great ways to introduce other cultures and afford campers new experiences. Participants will leave this session with new ideas,

actual plans for the next camp, and a rejuvenated camp-planning mindset! Discussion wanted and needed—bring your own success stories.

**Inclusion – Making Your Camp A Camp For All Youth - Terrie Campbell, Massachusetts**

Camp should be a place in which all youth learn and grow and feel welcomed and valued. This session will explore current barriers preventing youth with disabilities from fully benefiting from a summer camp experience. We will look at systematic changes rather than facility renovations as being key to your success working with youth with special needs. Join us for an open discussion about how ready your community is to welcome all youth?

**On the Ropes – Managing Challenge Course Programs – Chris Smith & Marlie Smith, Virginia**

Presenters will share helpful information about staff training, challenge course management, and new initiatives being explored and/or implemented within the industry. Participants will have the opportunity to work in small groups to review and develop solutions to scenarios related to challenge course programming and facilities before presenting their determinations to the large group for discussion.

**Is Online Technology Your Friend or Foe? Uncovering the Benefits of Social Networking Websites**

The emerging popularity of social-networking websites such as MySpace and Facebook has presented new challenges to youth development professionals across the nation. Inappropriate content, photos, and conversations can create a sense of fear, frustration, and uncertainty amongst staff as well as parents of current and/or potential 4H members. Rather than manage your local program focused on the negative of these popular websites, attend this session and learn to use them to your advantage and to the benefit of your program. Presenters will familiarize participants with these websites through on-line demonstrations and general discussion regarding the benefits and opportunities these websites present. Feel free to bring your own laptop computer.

**10:30 – 12:00pm**

**Project Learning Tree - Jeff Kirwan, Michelle Adcock, Charles Lytton, Virginia**  
Continued

**GPS I - Techno-fun for Camps – Mike Clifford, Jennifer Bowen, Ruth Wallace, Virginia**  
Continued

**Grant Writing – Barry Garst, Virginia**  
Continued

**LEGO Mindstorms: Robotics At Camp – Win Iden & Chris Smith, Virginia**

LEGO Robotics provides a terrific opportunity to reach youth who are often underserved by traditional camp programming. This program teaches cooperation, problem solving, basic and advanced computer skills, and good sportsmanship. Combining technology with teamwork and competition, LEGO Robotics is a worthy investment of time and money for any camp. Learn how it was implemented at two camps and how you make it part of your program, and get some hands-on time with LEGO robots.

**Volunteer Counselors As Partners In Planning - Laura Bovitz, New Jersey**

Involving volunteer teen counselors in camp program planning can help them develop valuable life and workplace readiness skills, develop a sense of empowerment and ownership, and positively affect program success. This workshop will introduce strategies and methods for involving teens as partners in camp programming. Participants will be introduced to sample training activities, training agendas, and potential counselor roles and responsibilities. Impact and evaluation results from county camping programs utilizing this approach will be shared.

**Camp Guide to Flag Ceremonies- Maile Armstrong, Virginia**

Flag ceremonies don't have to be routine or boring. This workshop offers background on appropriate handling of the American flag and inspiring and fun ways to teach flag etiquette and to honor "Old Glory". If flag ceremonies are not a part of your daily or weekly routine, here is how to incorporate it into your program.

**Camping In Every Season – Kevin Palmer, Wisconsin**

Camping shouldn't be just a summer experience, camping can benefit youth in every season of the year! Harvest Moon Camp, Winter Survivor Camp, Earth Day Camp – add seasonal camping to your educational program through creative thematic camps. Participants will learn how Camp TaPaWingo has successfully utilized seasonal camps to attract and educate youth throughout the year.

**Heritage Camp Activities - Lynne Middleton, Tennessee**

The theory of camping today is not what it was fifty years ago. Many youth demand air conditioning, cellular phone access, and portable electronic devices when planning a trip to an overnight camp. This workshop will focus on teaching youth how camping was done in "the ol' days." Participants will learn methods of campfire cooking, basket weaving, knitting, tie-dying with natural dyes, orienteering, and square dancing.

**1:00-2:30pm**

**Project Learning Tree - Jeff Kirwan, Michelle Adcock, Charles Lytton, Virginia**

Continued

**GPS II – More Techno-fun for Camps – Mike Clifford, Jennifer Bowen, Ruth Wallace, Virginia (3 Hour Workshop)**

This more advanced session is designed for those who participated in the GPS I workshop or who have had previous GPS experience. Continuing on the theme that GPS has proven to be a great educational and recreational tool for camps, this workshop will explore exciting opportunities such as Geocaching, GPS Search & Rescue, and using

GPS in conjunction with computer mapping programs. Virginia's 4-H GPS Curriculum intermediate and advanced activities will be used as a guide. This is another opportunity to learn how to make "technology in the great outdoors" a part of your camp!

**Creative Play Things - Jayne Roth and Jenny Morlock, Ohio (3 Hour Workshop)**

“Creative Play” conjures up a whole new idea about how people can be supportive, cooperative and open with each other. In this class "Creative Play Things", the facilitators will offer dozens of games, activities and crafts to teach people to play and work in a cooperative atmosphere ..... especially at camp! The “Things” covered will include: theater improvisation games, group initiatives and non-competitive activities, quirky crafts that are out of the ordinary, and a hodge-podge of “stuff” accumulated over years of “hands-on research” found to be incredibly effective.

**Recruiting Latino Youth - Mario A. Magaña, Oregon**

This workshop describes challenges and barriers in recruiting Latino youth for residential camps and strategies used to overcome these barriers in establishing the Oregon 4-H Latino Style Olympic Summer Camp. Its focus is on the process we used to create a resident summer camp that has enjoyed great success in engaging Latino youth, college students, and professionals. It is designed to help Latinos develop the skills, knowledge, and attitudes they need to succeed in life.

**SPOORK: A Teen Leadership Approach to Teambuilding - James Tavares, New Jersey**

Tearmbuilding is one of the favorite activities at camp. The experience is a high impact and active tool to learn about oneself and others. SPOORK is a teen leadership approach to tearmbuilding using the integration of the 4-H pledge and ideals, along with many tearmbuilding principles. Ideas and elements are from a multitude of resources, and are in no means developed by Lindley G. Cook 4-H camp alone. Be prepared to be active, dress accordingly.

**Reducing Camp Injuries: Results and Recommendations from Year 1 and 2 of ACA's Healthy Camps Study – Barry Garst, Virginia**

ACA is involved in a 5-year monitoring study of camp injuries and illness that affect camp program participation by staff and campers. Hear the national results of year 1 and 2 (summers of 2006 and 2007) and learn strategies to keep staff and campers healthy. This session is a must for directors, health staff, and risk managers.

**How to Keep the Grumpies Away - Marlie Smith and Erin Bain, Virginia**

Keeping the Grumpies Away is a workshop in Camp Staff recruitment, training, supervision, and retainment.

**Crafts That Last A Lifetime - Suzanne Ault Boarts, Pennsylvania**

Take a journey to visit the beach, our Southern States and our Nation's capital with crafts to last a lifetime. Crafts can offer youth an opportunity to discuss different landmarks and places to see by the items they are creating. Participants will do three hands-on activities that can be done over and over in their lifetime!

**3:00-4:30pm**

**Project Learning Tree - Jeff Kirwan, Michelle Adcock, Charles Lytton, Virginia**

Continued

**GPS II – More Techno-fun for Camps – Mike Clifford, Jennifer Bowen, Ruth Wallace, Virginia (3 Hour Workshop)**

Continued

**Creative Play Things - Jayne Roth and Jenny Morlock, Ohio (3 Hour Workshop)**

Continued

**CSI Mystery Camp - Linda Eanes & Terry Abston, Virginia**

Participants will learn from the workshop facilitator's experiences of partnering with law enforcement to design, implement and evaluate a special interest camp. Workshop participants will get the opportunity to take part in group activities which will allow them create a model specialty camp.

**Staffing is Key to Camp - Jeffrey D. Orndorff, West Virginia**

The food is ordered, the t-shirts are printed, evening programs are planned, but you still need four more staff members for camp. All the other things that you do won't matter without a solid staff to make it happen. This workshop will explore the importance of your staff and we will look at recruiting, training, evaluating, and retaining staff to make your camp the best it can be. Expand your ability to provide a great camp experience by having great staff.

**Take your teaching on a higher trail- Niki Nestor McNeely, Ohio**

Whether camping is our full time job or part of our role as 4-H educator, we are continually teaching. We may be responsible for training staff, volunteers, counselors, or campers. It is important that we develop and utilize high quality teaching methods. The objectives will be to enhance your teaching skills by applying the experiential learning model to a wide range of subject matter with focus on learning and practicing a variety of processing strategies.

**Adventure Based Environmental Education Curriculum Design - Becca Obert, Virginia**

Research shows that while adventure based programming takes place in the wilderness, very few participants walk away from the experience with a connection to place. This session will discuss how to incorporate bioregional studies into your adventure based programming using NAAEE and AEE standards.

**Your Role in Risk Management - Maile S. Armstrong, Virginia**

Whose responsibility is it to ensure that risk management is always at the top of the list? Everyone's. This session helps camp staff understand their role in keeping everyone safe. It teaches them how to make risk management an integral part of your camp and 4-H program.