

VIRGINIA ASSOCIATION OF ADULT 4-H VOLUNTEER LEADRS, INC.
SPRING CONFERENCE REGISTRATION
March 5-6, 2005

“Bridging the Gap Between City and County”
Hotel Renaissance—Portsmouth, Virginia

RESERVATIONS: Call (757) 673-3000 (ask for reservations for the 4-H Adult Volunteer Leaders Spring Conference)

Name _____ Phone (____) _____

Address _____

City _____ State _____ Zip _____

Email _____

Extension Unit _____

Participant Category:

____ 4-H Leader ____ Unit Representative ____ Extension Agent
____ State 4-H Staff ____ Unit Program Assistant ____ Other _____

Conference Registration and 3 Meals (does not include lodging)

(includes Saturday Lunch, Saturday Dinner

Cruise, and Sunday Brunch)	\$60*	_____
• If postmarked <i>after</i> April 21 Fee	\$75	_____
• One Day Attendance Fees (if not full-time)		
Saturday Registration and Lunch	\$30	_____
Saturday Cruise Dinner Only	\$60	_____
Sunday Registration and Lunch	\$30	_____
Total Enclosed		\$ _____

(NOTE: The Parking Fee at the Hotel is \$10 per automobile per night--\$20.00 total. Do ***not*** include this with this form. You must pay the hotel upon checking out).

Make Check or Money Order payable to:

Virginia Association of Adult 4-H Volunteer Leaders

NO REFUNDS AFTER THE DEADLINE!

List Special Diet Requirements or other accommodations needed on page 2.

Submit Registration (Pages 1&2) and Payment to:

Ms. Faye LaPrade
237 Franklin Street
Rocky Mount, VA 24151

***For this conference, there will be a 3-hour dinner cruise on the ‘Spirit of Norfolk’ which is included in the registration fee.** The fees you pay do not cover the total costs of the cruise, but sponsors and donors are supplementing the costs.

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Name _____ Phone (____) _____

-Special Diet Requirements or other accommodations:

Program Registration: Courses have limited enrollment, so sign up early!

Saturday Morning: 10 - 11 am (Check one only)

- Rubberstamping
- Miniature Doll Houses
- What's New in 4-H

Saturday Afternoon: 1:00 - 2:00 pm (Check one only)

- Herbs Class
- Horsemanship Workshop
- Making Ready Fun
- Pursuing Victory With Honor (Continued until 3:45 pm)

Saturday Afternoon: 2:15 - 3:45 pm (Check one only)

- Pursuing Victory With Honor (Continued)
- Cured Ham Project
- Gems, Rocks, Minerals
- Health Awareness
- Importance of Recording 4-H History

SCHEDULE FOR 2005 SPRING CONFERENCE

"Bridging the Gap Between City and County"

March 5-6, 2005

Hotel Renaissance—Portsmouth, Virginia

SATURDAY, MARCH 5

9:00 – 11:00 am **Registration**

-*What's New in 4-H* Session for those who register early (optional).

No sign up needed.

11:30 am – 12:45 pm **Opening Session and Lunch**

-Thought for the Day: **Jean Powers**, Virginia Beach 4-H Volunteer

-Guest Speaker: **Dr. Pat Sobrero**, Director of Virginia Cooperative Extension

-Candidate Speeches: **Cecil Johnson**, Past President

1:00 – 2:00 pm **Educational Workshops**

-Herbs Class:

-Horsemanship Workshop

-Making Ready Fun

-Pursuing Victory With Honor (will continue until 3:45 pm)

2:00 – 2:15 pm **Break**

2:15 – 3:35 pm **Educational Workshops**

- Pursuing Victory With Honor (continued)
- Cured Ham Project
- Gems, Rocks, Minerals
- Health Awareness
- Importance of Recording 4-H History

3:45 -5:00 **Free Time/Hotel Check-In**

5:00 pm **Depart for Dinner Cruise**

5:00 – 9:00 pm **Dinner Cruise on the ‘Spirit of Norfolk’**

(Evening of unparalleled cruising fun on the historic Elizabeth River. You'll dine, dance if you wish, and enjoy star-quality entertainers and exciting skyline views including the Navy's Atlantic Fleet)

SUNDAY, MARCH 6

8:30 – 9:00 am **Reflections on Your Own**

9:00 – 10:15 am **Educational Workshops**

- Rubberstamping
- Animal Workshop
- Hands-On Astronomy

10:30 – 11:30 **BRUNCH**

Thought for the Day

11:30 am **HAVE A SAFE TRIP HOME**