

4-H Curriculum Connections to the Virginia Standards of Learning

Family and Consumer Sciences: Family Life

53296 (Publication No. 350-523) Strong Families: Competent Kids

- Health K.3 The student will explain the concept of being safe. Key concepts/skills include
- a) the need for rules and practices;
 - b) the differences between emergency and nonemergency situations;
 - c) the choices that prevent injuries.
- Health 1.3 The student will explain the need for specific rules and practices to promote personal safety and injury-free situations. Key concepts/skills include
- a) bus and automobile safety;
 - b) pedestrian safety;
 - c) playground safety;
 - d) fire safety;
 - e) home safety;
 - f) water safety;
 - g) bicycle, in-line skating, skateboard, scooter, and other self-propelled vehicle safety;
 - h) the need for protective gear.
- English 3.7 The student will write descriptive paragraphs.
- Develop a plan for writing.
 - Focus on a central idea.
 - Group related ideas.
 - Include descriptive details that elaborate the central idea.
 - Revise writing for clarity.
 - Edit final copies for grammar, capitalization, punctuation, and spelling.
- English 3.8 The student will write stories, letters, simple explanations, and short reports across all content areas.
- Use a variety of planning strategies.
 - Organize information according to the type of writing.
 - Revise writing for specific vocabulary and information.
 - Edit final copies for grammar, capitalization, punctuation, and spelling.
 - Use available technology.
- Health 3.3 The student will identify the effects of drug and inhalant experimentation and alcohol and tobacco use on personal health. Key concepts/skills include

- a) improper use of medicines;
- b) the use of refusal skills to counter negative influences;
- c) the effects of nicotine, alcohol, and other drugs on body systems;
- d) the use of common household items as inhalants;
- e) the effects of mind-altering drugs on behavior.

English 5.7 The student will write for a variety of purposes to describe, to inform, to entertain, and to explain.

- Choose planning strategies for various writing purposes.
- Organize information.
- Use vocabulary effectively.
- Vary sentence structure.
- Revise writing for clarity.
- Edit final copies for grammar, capitalization, spelling, and punctuation, especially the use of possessives, and quotation marks.

Health 6.5 The student will demonstrate injury prevention and management skills to promote personal and family health. Key concepts/skills include

- a) safety habits in vehicles and public areas
- b) first aid and safety practices;
- c) strategies to avoid accidents;
- d) the need for and use of protective gear;
- e) awareness of behaviors that can result in violent acts.

Health 9.3 The student will analyze, synthesize, and evaluate the relationship between positive health behaviors and the prevention of injury and premature death. Key concepts/skills include

- a) risky behaviors that may result in permanent disability for self or others;
- b) the consequences of using weapons in acts of violence;
- c) identification of situations involving risks;
- d) identification of situations that require first aid or CPR;
- e) the effects of alcohol and other drug use.